

Faith That Moves with You: Spiritual Care in Assisted Living

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When a person moves into an assisted living community, they bring more than a suitcase full of clothes and some pictures to put on display. They bring their life story, their memories, and their lifetime of faith. When we change addresses, our new surroundings can feel unfamiliar. The furniture may be different, the view from the window new, and the daily routines uncertain. But one thing does not need to change—our faith. God is still the same and He comes with us – wherever we go.

For many, belief in God, spiritual values, and cherished religious traditions have been constant companions through life's joys and challenges. As the idea of moving into an assisted living community approaches, it's natural to wonder—will my faith feel as strong there as it does now?

The reassuring truth is that faith doesn't have to be checked at the door. In fact, in many of today's assisted living facilities, faith-based programs are intentionally designed to ensure that your spiritual life moves right along with you—sometimes growing even richer within the community setting.

A New Chapter, Not a Loss

While the thought of moving into assisted living can feel daunting, it's important to see it not as a loss of independence, but as an opportunity to gain comfort, peace of mind, and renewed purpose. With professional support for medical needs, daily living, and housekeeping, residents can spend more time on what matters most—nurturing relationships, enjoying activities, and deepening their faith.

Spiritual Care That Goes Beyond Routine

Modern assisted living communities understand that spiritual well-being is just as important as physical health. Spiritual care is not merely about maintaining old traditions, it's about fostering meaningful connection—to oneself, to others, and to what one holds sacred. Many communities offer on-site chaplains who do far more than lead weekly services. They provide personal counseling, facilitate Bible studies, visit residents before medical procedures to offer prayers, and lend a listening ear during difficult times. Chaplains walk alongside residents at every stage of their spiritual journey—whether deeply rooted in faith, quietly reflective, or exploring new perspectives.

And when a full-time chaplain isn't available, communities often welcome local clergy to visit regularly, ensuring that residents have ongoing access to worship, teaching, and fellowship.

Faith for All

One of the hallmarks of modern senior living is inclusivity. Many facilities celebrate all faith traditions, creating a respectful and welcoming environment where no one feels marginalized. This openness allows spiritual life to flourish and fosters a unique sense of unity among neighbors, even across different belief systems.



An Anchor in Transition

Just as assisted living represents a new way of navigating daily life, spiritual care helps ensure that personal beliefs continue to inspire, guide, and nurture during this chapter. With the support of chaplains, clergy, and faith-based programs, many residents find that their spiritual practices not only endure, but actually deepen within the bonds of community.

Faith is not bound to a particular building or season of life—it travels with us, uplifts us, and steadies us during times of change. For those moving into assisted living, it can be a powerful anchor, reminding us of who we are, what we believe, and what truly matters.

When visiting a prospective assisted living facility, consider asking:

- What faith-based programs are available? (Worship services, prayer groups, Bible studies, etc.)
- Is there an on-site chaplain or regular visits from local clergy?
- How are different faith traditions accommodated?
- Can residents request private spiritual counseling or prayer?
- Are there opportunities for residents to lead or participate in services?
- Does the community partner with local houses of worship?
- Are transportation services available for off-site religious activities?

Asking these questions can help ensure that your faith journey continues to thrive in your new home.

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