

A **Second Opinion** Publication

SCHOOL'S OUT

**Now?
what?**



Parent's guide to summer camp, day activities,
classes, and events from sun up to sun down!

ALTOONA PUBLIC LIBRARY

COLOR OUR WORLD™



2025 SUMMER READING PROGRAM | JUNE 9 - JULY 26

- Sign up for the summer reading program starts June 2nd.
- Open to all children 11 years and younger (students entering grade 6 and younger).
- Join in on weekly story time sessions, LEGO club, reading with a local therapy dog, school age book club, family evening entertainment, children's movies, chess club, and more..
- The library welcomes children of all abilities and all programs are FREE of charge.
- Contact the library for more information on the **Children's Summer Reading Program**, the **Teen Program** (students entering grades 7-12), or the **Adult Reading Program**.

MONDAY EVENING 6:30 P.M. ENTERTAINMENT LINE-UP:

- June 9** Kevin's Juggling and Balloons Family Show
- June 16** The Magic of Isaiah (La Crosse Magician)
- June 23** Kenny Ahern's To LAUGH is TO LIVE! Family Show (La Crosse Entertainer)
- June 30** Tom Pease (Renowned Children's Music Entertainer)
- July 7** Mark Hayward's Family Show: Yo-Yos, Tricks and Comedy
- July 14** Snake Rattle and Roll- Educational Reptile Program
- July 21** Kids Got Talent Show



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We are closed every year for the winter season from mid- October until around the beginning of May. Be sure to check our website or Facebook page for exact dates.

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INSPIRATION POINT © 2025

DAY CAMP VBS AT BETHESDA LUTHERAN CHURCH JUNE 16-19, 2025

Students will enjoy stories, music, crafts, games and other activities as they explore truths about God's love.
9:00 am-3:00 pm. Lunch will be provided.

Morning preschool option also available.

Information and registration at:
c3ec.churchcenter.com/registrations



Or scan this
QR code



C3EC.ORG

Bethesda Lutheran Church • 123 W. Hamilton Avenue, Eau Claire



**Register for
Summer Camp!**



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FOR AGES
7-17**



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AND OVERNIGHT
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littlecreekfamilycampground.com



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coming soon

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Thursdays**
Full bar & menu
Reclining chairs

FOR MOVIES: 715-874-7000 OR MICONCINEMAS.COM

**SUMMER
SCREEN TIME**

**FOR EVERY 30 MINUTES SPENT DOING ONE
OF THE FOLLOWING ACTIVITIES, 15 MINUTES
OF SCREEN TIME WILL BE EARNED**

- * READ A BOOK
- * PLAY OUTSIDE
- * PRACTICE A SPORT
- * WORK ON SCHOOL WORKBOOK
- * DO AN ARTS & CRAFT PROJECT
- * PRACTICE AN INSTRUMENT
- * BAKE SOMETHING
- * PLAY WITH TOYS
- * GO ON A BIKE RIDE OR WALK
- * WRITE A STORY
- * PLAY A BOARD OR CARD GAME
- * MAKE UP A DANCE

School Is Out: Grandparents Can Share Time and Build Memories

by Sandra Anderson, RM, CHT, L.U.T.

It's April and most working parents (and grandparents), know school will be out soon. The kids are excited for summer vacation to start, but it is scramble-time for grownups. You have to find out what the kids need and want, create a plan with flexibility, and finalize details for a new summer schedule of activities and responsibilities.



For parents, summer breaks can be overwhelming. They need to find new childcare arrangements and age-appropriate activities that fit the budget. It is the perfect time for parents to ask grandparents or extended family if they are willing and able to spend some time with their children during summer vacation. For parents, this can reduce childcare cost, as well as create time to decompress and relax knowing the kids are with family.

Summer breaks have their own unique challenges for working parents and grandparents. Here are few ways everyone can cope:

***Good communication**

Good communication with partners, grandparents, and other caregivers is important. Knowing who is needed when and where ahead of time lessens last-minute scrambling and reduces stress. Use shared calendars or apps for better coordination and reminders. Teamwork makes the dream work.

***Use local summer programs**

There are many opportunities for assistance with childcare: extended after school activities at daycare, rock climbing camp, robot camp, VBS, Groupons to museums or the zoo, or even trading caregiving with other parents.

And grandparents, if you're spending time with children this summer, remember: you're cool! Focus on quality time as even the smallest bits of time are special. Celebrate the small victories, laugh and giggle, and try new experiences.

***Tailor activities to fit age and interests**

Suggestions: backyard adventures, water balloon fights, nature hikes, a day at the beach, picnics, library program, theme movie nights with snacks. Additionally, kids also do like to give back to others, so try volunteering

together at an age-appropriate opportunity such as a local animal shelter, the zoo, or food bank.

***Be open to teaching/learning something new**

Grandparents and extended family are rich resources of life skills and loving guidance as kids navigate different life stages. Parents, if there is a message you have been trying to get through to your kids, talk it over with Grandpa and or Grandma and ask for their assistance while you are away.

Grandkids can teach grandparents, too. Kids often are great resources on new technology and perspectives that keep themselves engaged and mentally stimulated while inspiring grandparents to try new things.

***Be flexible**

Things won't always go as planned. Smile. Build in buffer time and you will be ready to adjust your schedule as needed and don't forget backup activities for rainy days.

***When in need, ask**

Don't hesitate to reach out to family, friends, or support groups when you need help. Sharing your needs gives others a chance to care for and help you.

***Self-care is a need**

In the chaos, make your well-being a priority. In order to avoid burnout, make time for exercise, relaxation, mindfulness, and activities that rejuvenate you.

Summer break can be overwhelming, but with planning, good communication and teamwork, working parents, grandparents, extended family and caregivers can navigate it with success. Remember, it's okay to ask for help and support.

When kids spend time with grandparents and extended family, any time is a win-win opportunity. It benefits all generations, strengthening family connections in many ways, and creates life long memories.

Sandi Anderson R.M., CHT, L.U.T Grandmother, Life & Spiritual coach/Midwife to the soul, Healer. She lives in the Chippewa Valley, working with individuals across the country on their life's journey to hear their soul, heal, and navigate through transitions.

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The musical comedy, *Seussical*, is a fun adventure based on Dr. Seuss's popular stories like *Horton Hears a Who* and *The Cat in the Hat*. Be transported to a wonderful place where anything is possible as you witness the power of friendship.



7:30PM, June 26-28

1:30PM, June 29

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ONLINE AT CVTG.ORG 715/832-7529

Adults/Seniors \$40 Youth/Students \$20



THEATRE CLASSES FOR KIDS

Registration is open for the Theatre Guild's 24th Annual Summer Youth Drama Camp for kids ages 4 to 18 in June. We partner with the Eau Claire Area School District to provide free summer arts classes (acting, dance, music, costuming, tech, "putting on a show"...). Summer classes are listed online at cvtg.org. If you have any questions, please email us at cvtgact@aol.com or call 715-832-7529.

THE ELVES AND THE SHOEMAKER

4PM & 7PM, JULY 13

1PM, JULY 14 & 15

GRAND THEATRE

Tickets:

Adults \$10 Kids \$5

Tickets are available at the door.
Appropriate for all ages!



Healthy Snacks!

For the kiddos... and you!



SKOUT ORGANICS

Organic Kids Bars - Parents, rejoice! You've found the perfect snack to feed your little Skouts. With 7 or less ingredients that you can pronounce, their Kids Bars are great for school, summer camp, and everything in between! skoutorganic.com



COOPER STREET SNACKS

Granola Bakes - Peanut-free, tree nut-free, dairy-free, and soy-free, certified as whole grain, and low sodium. Whether you're enjoying a quick snack at home, packing lunchboxes, or fueling up for outdoor adventures, these are a delicious and nutritious snack for every occasion. cooperstreet.com



DAILY CRUNCH

Sprouted Nut Snacks - They put raw nuts through our signature 4-day process, which results in sprouted + dehydrated nuts that are more nutrient dense, easier to digest, and crunchier than raw or roasted nuts. They flavor their snacks with real ingredients. Sprout their day right! dailycrunchsnacks.com



ASHAPOPS

Popped Water Lily Seeds - a delicious plant-based puffed snack. They're a superfood with light and crunchy puff texture. AshaPops are handmade & dry roasted. At 120 Calories per bag, it's the perfect summer snack! ashapops.com

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- Nature Center & live animals
- 9 miles of trails
- Seasonal recreation rentals
- Butterfly House (opens July 5)
- Programs & events
- Summer camps (grades 4k-8)

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www.beavercreekreserve.org



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Always something happening at Chippewa Valley Museum

Exhibits | Programs | Workshops

Memories and more...



In Eau Claire's Carson Park
www.cvmuseum.com



Jesus took the little children in His arms,
laid His hands on them, and blessed them.
— Mark 10:16

SUMMER VACATION BIBLE SCHOOL



CHOOSE WHICH WEEK WORKS FOR YOU:

SESSION 1: **JUNE 23-27**
-OR-
SESSION 2: **AUGUST 4-8**

FREE FOR KIDS AGES 3-14
Held at Messiah Lutheran Church
in Eau Claire

MESSIAH SCHOOL IS NOW ACCEPTING
ENROLLMENTS FOR FALL 2025!

PREK THROUGH GRADE 8



WHY CHOOSE US?

- CHRIST CENTERED
- BIBLE-BASED
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CHURCH AND SCHOOL

2015 N. HASTINGS WAY | EAU CLAIRE, WI 54703
715-834-2865 | EAUCLAIREMESSIAH.COM

HEALTHY DAILY HABITS FOR KIDS



HAIR

BRUSH OR COMB YOUR HAIR TWICE
A DAY TO KEEP THE TANGLES OUT.
NEVER SHARE YOUR BRUSH OR COMB.



TEETH

BRUSH TEETH TWICE A DAY -
AFTER BREAKFAST AND BEFORE
YOU GO TO BED.

NAILS

KEEP FINGERNAILS AND TOENAILS CLEAN AND TRIM
THEM ONCE A WEEK. BATH TIME IS USUALLY BEST FOR
TRIMMING AND CLEANING UNDER THE NAILS.

SLEEP

GO TO BED AT ABOUT THE
SAME TIME EVERY NIGHT.
SPEND SOME TIME DOING
A QUIET ACTIVITY SUCH
AS READING A BOOK OR
LISTENING TO MUSIC.



BODY

TAKE A BATH OR SHOWER ONCE
A DAY. WASH YOUR HAIR WITH
SHAMPOO OFTEN.



CLOTHING

WEAR FRESH CLOTHES EVERY DAY,
EVEN IF YOUR OLD CLOTHES DON'T
SMELL. CLEAN UNDERWEAR IS
ESPECIALLY IMPORTANT.

HANDWASHING

ALWAYS WASH YOUR HANDS WITH
SOAP AND WATER BEFORE EATING,
AFTER PLAYING OUTSIDE, AFTER
GOING TO THE BATHROOM AND
AFTER COUGHING OR SNEEZING.



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DON'T BE BORED THIS SUMMER, PLAY AT THE YMCA!

BASKETBALL | SWIM LESSONS | GYMNASTICS | SUMMER CAMPS
TENNIS | SOCCER | VOLLEYBALL | SWIM TEAM

REGISTER NOW!
YMCA-CV.ORG



**2025/2026
BEFORE &
AFTERSCHOOL
CHILD CARE
REGISTRATION
BEGINS JUNE 16.**



YMCA OF THE CHIPPEWA VALLEY

LET'S PLAY NON-TRAVEL FLAG FOOTBALL!



SPRING/SUMMER 2025

BOYS & GIRLS AGES:

BU, 100, 12U, 14U
AUGUST 3, 10
COMBINE LEAGUE PLAY
AUGUST 13, 20, 27
SEPTEMBER 3, 10, 17
6:00-7:30 PM
DELONG MIDDLE SCHOOL
EAU CLAIRE, WI

FALL 2025

BOYS & GIRLS AGES:

80, 100, 120, 140, 150-GIRLS
MAY 4-COMBINE, 18
JUNE 1, 8, 22
JULY: 13, 20
6:30-8:00 PM
DELONG MIDDLE SCHOOL
EAU CLAIRE, WI

PROGRAM COST (\$125.00) INCLUDES:

- OFFICIAL NFL FLAG JERSEY & FLAGS
- NWC-NFL FLAG MEMBERSHIP-2025
- FLAG FOOTBALL INSTRUCTION

*"Learn to play travel flag football from a quality staff without having to travel!"
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REGISTER AT: NWWCHAMPIONS.ORG | 715-456-7789

2025 Eau Claire County Fair "Round up the Red, White, & Blue"

July 19-27
5530 Fairview Dr, Eau Claire

Main Events

- ★ **Rodeo**
Saturday, July 19 - 5 pm **\$25**
- ★ **Kids Day**
Fri, July 25 & Sat July 26 **\$10**
10 am-5 pm
- ★ **Horse Pull**
Sunday, July 27 - 10 am **FREE**
- ★ **Charcoal Chicken Dinner \$10**
Sunday, July 27 - 11 am



**4-H FOOD STAND,
FOOD TRUCKS &
VENDORS**

*For more information, or to
purchase tickets visit us at*
eauclairecountyfair.com



Follow us on Facebook

Parking & Admission is FREE unless otherwise noted.

ENROLLMENT FOR 2025-2026 SCHOOL YEAR STARTING JANUARY

- 3 year old preschool & 4K partner with ECASD
- Wraparound care available
- Summer School Age program
- Offering a Christian environment
- Christian/pre-K curriculum
- State licensed for children ages 6 weeks - 12 years
- Developing a love of learning, imagination & creativity
- Open 6am - 6pm • Located off Birch Street
- Large outdoor playground
- Small class sizes • Highly qualified teachers



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www.RedeemerEarlyLearning.com

SUN. AUG. 3



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August 10-13, 2025

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- Crafts • Bible Study •
- Swimming • Music •
- Outdoor Games •
- Boating • Tubing •

**For ages
7-11**



Our mission is to provide this FREE opportunity to children who may otherwise struggle to afford a summer camp experience.

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Kenwood
Chippewa Falls**

Register Here:
godskidsbiblecamp.com

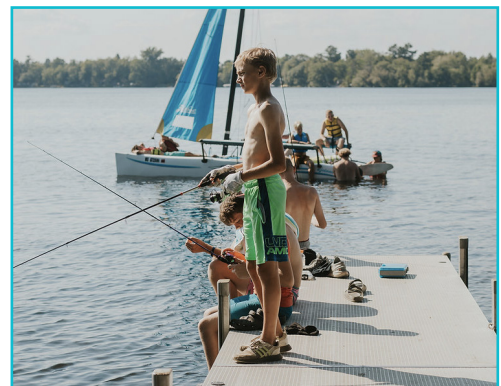
The Benefits of Summer Camp

by Amy Peterson-Foss, YMCA of the Chippewa Valley

Summer camps offer crucial benefits for childcare, fostering independence, social skills, and personal growth, while also providing opportunities for learning, exploration, and physical activity in a supportive and engaging environment.

Developmental Benefits

- **Independence and Self-Reliance:** Camps provide a structured environment where children can make decisions, manage their daily routines, and learn to be self-sufficient, which fosters independence.
- **Social Skills and Friendships:** Camps encourage interaction with peers from diverse backgrounds, promoting social skills like communication, teamwork, and conflict resolution, while also facilitating the formation of lasting friendships.
- **Emotional Intelligence:** Camp experiences can help children navigate challenges, develop resilience, and build self-esteem, contributing to their overall emotional development.
- **Cognitive Development:** Camps offer structured activities that stimulate learning, problem-solving, and critical thinking, helping to prevent “summer slide” and enhance cognitive skills.
- **Physical Activity and Healthy Habits:** Camps incorporate outdoor activities, sports, and games, promoting physical activity and encouraging healthy habits.
- **Exploring Interests and Skills:** Camps provide opportunities for children to try new activities, explore different interests, and develop new skills in a fun and supportive environment.
- **Character Building:** Camps emphasize values like respect, responsibility, and teamwork, contributing to the development of positive character traits.
- **Resilience and Adaptability:** Camp challenges and experiences help children develop resilience, learn to overcome obstacles, and adapt to new situations.
- **Sense of Community and Belonging:** Camps foster a sense of community and belonging, where children feel accepted and supported, creating positive memories and lasting connections.





Summer Learning Challenge

June 9 - August 2

Challenge Sheets for all ages
available to pick up or print
starting June 9th.

Earn prizes as you read, create,
and explore this summer!

Summer Family Storytimes

Tuesdays at 10:30am at Riverfront Park
(weather site at CFPL)
Starts June 10th

Wednesdays at 9:30am at CFPL
Starts June 11th

Check our website for more details on:

Events with Booker the Bookbike

Weekly Drop-in Activities

Collaborative Art Workshop

Teen Comic Club

Musical Performers

Bruce the Bug Guy

Movies and Popcorn

Dog Man Party

Irvine Park Storywalk

and more!!!

Chippewa Falls Public Library

105 W Central St. Chippewa Falls, WI
715-723-1146 chippewafallslibrary.org



Caring for your grandchild?

It's one of your great joys, but it can
also be one of your biggest stressors.

The physical and financial demands of caring
for a grandchild can be challenging – especially if
you've become the main caregiver.

There's help for you!

Grandparenting and Kinship Care Resources:
<https://gwaar.org/api/cms/viewFile/id/2006511>

For further assistance, please contact:

Chippewa County

715-726-7777 or adrc@chippewacountywi.gov

Eau Claire County

715-839-4735 or adrc@eauclairecounty.gov

Dunn County

715-232-4006 or adrc@co.dunn.wi.us



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